

# THE ELLINGTON CONNECTION

www.ellington-ct.gov

Winter 2010-2011

# Maurice Blanchette, First Selectman 860-870-3100

#### Fire Hydrants for Woodside Acres and the 'Berries'

Before moving into my newly acquired house in 1978, my insurance agent asked if a fire hydrant was available within 500 feet of the property. I found a promising hydrant, paced out about 450 feet to the nearest corner of the lot, welcomed the reduced rate insurance for which it qualified me, and didn't ask questions.

Fast forward 32 years. Shortly after taking office, while preparing the 2010-2011 municipal budget, Fire Marshal Al Lawrence asked me to consider budgeting for fire hydrants in the Woodside Acres [WA] and 'Berries' developments, which include hundreds of homes in north central Ellington. I informed him that I live in the WA area and already have a close hydrant, and then he educated me. It appears that my hydrant is there because a group home in my neighborhood found it advantageous to privately pay for installing the public hydrant rather than to develop an acceptable fire protection alternative; they moved into the group home the same day I moved into my house.

It seems that when WA was proposed, Ellington Acres Water Company [EAWC] was formed to bring community water to its residents rather than providing each home with an expensive deep well and supporting hardware. Few hydrants were installed, and the ones that were installed gave the water company an outlet to sell water to private haulers for things like filling pools.

Over the years the small company grew larger until even Town Hall became a customer, but the company still installed few hydrants unless privately funded. In comparison with the giant regional Connecticut Water Company [CWC] which provides water to a large population in the southern part of Ellington, EAWC rates were much lower. However, several years ago, EAWC had water quality problems that were resolved only with expensive changes and large rate increases, and they finally sold the operation to the CWC.

CWC has an established program for installing and maintaining hydrants, as recommended for modern infrastructure, on a pay as you go basis. proposed by the Fire Marshal will add twenty hydrants in the WA and 'Berries' areas over several years; I approved the plan. Five hydrants in the current budget are now being installed; they are strategically phased to reduce the longer distances to the nearest fire hydrant. Some home owners may start saving money immediately. Because of the closer proximity to fire hydrants, in the long run homes in these areas should pay somewhat less in insurance, thus become incrementally more valuable, and therefore pay a bit more in taxes which should defray the cost of the hydrants. All the while, statistically, this brings a higher level of personal safety and lower level of property loss from fire. The cost is minimal, the effect is positive, and the time is right.

Maurice Blanchette

#### **Snow Removal from Sidewalks:**



er Town Ordinance, homeowners are required to remove any snow or ice from sidewalks in front of their property within 24 hours following the cessation of the fall of snow or ice.

Failure to do so could result in a fine.

## Parking Ban:



Ellington residents are reminded that the Ordinance Concerning Parking on Public Highways within the Town of Ellington prohibits street parking during and after any period of snowfall or icy condition in order for Public Works to be able to safely and efficiently remove the hazards of snow and ice from the roads.

Violation of this ordinance will result in the removal of the vehicle at the owner's expense and may result in a fine.

# Town of Ellington 2011 Trash & Recycling Collection Calendar

Recyclables are collected every other week. Shaded weeks = pick up weeks

January 2011									
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December 2011									
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D = one day delay for Memorial Day, July 4th, Labor Day and Thanksgiving Day Holidays When a holiday falls on a Saturday or Sunday there is no delay in the collection schedule.

All items for curbside pickup should be placed outside by 6:00 a.m. on pick-up day.

## George Fetko, Public Works Director 860-870-3140

#### **Christmas Trees**

Christmas Trees will be picked up during the first two weeks of January. Please leave them at the curb, butt-end out and free of ornamentation and tree stands. If the trees are not cleaned, they will not be picked up. If residents prefer, they may bring them to the Town Garage any time and leave them by the red shed.



#### Winter Sand

Sand is available to residents through the winter months. The pile is located at the Town Garage, 21 Main Street, on the Firehouse side.

#### **Bulky Waste Reminder**

Bulky waste includes scrap metal, white goods, appliances, aluminum, copper, brass, tools, water tanks, pipes, faucets, tires, rims, furniture, carpet, toys, toilets, sinks, tubs, mattresses, box springs, etc. Wood and carpet cannot exceed 4 ft. in length. Carpet should be rolled and tied. No more than 2 cubic yards of bulky waste allowed per week.

To schedule a pick-up, please call

All American Waste 860-289-7850

four (4) days in advance of your regular collection day.

# Items to be placed in RECYCLING CART: (Picked up every other week—see calendar on Page 2)

- Newspaper/Magazines/Catalogs
- ◆ Corrugated Cardboard place loose in cart, flatten and cut boxes to fit into cart.
- *New item!* Boxboard (food and cereal boxes, shoe boxes)
- Office paper/junk mail
- ♦ Shredded paper bagged in paper bag only.
- Glass food and beverage containers rinsed clean, up to 2.5 gal.
- ♦ Metal food and beverage containers rinsed clean.
- Aluminum foil and trays.
- ◆ All plastic containers with #1-#7 on bottom, rinsed clean.—Now accepting containers up to 3 gal. in size.
- ♦ Milk cartons/juice boxes rinsed clean

#### **Material Not Accepted**

- Plastic bags and plastic wrap
- Food contaminated items; pizza boxes
- ♦ Motor oil or anti-freeze bottles
- Window glass, auto glass, drinking glasses
- ♦ Pots and pans, dishes, Pyrex, ceramics
- ♦ Flower pots
- ♦ Styrofoam
- ♦ Light bulbs
- Paint cans
- Coat hangers
- Containers that contained hazardous materials

# The following items can be brought to the Town Garage, 21 Main Street:

- ♦ Waste Oil
- Antifreeze
- Vehicle Batteries
- Propane Tanks—5 lbs. & 20 lbs.
- Fluorescent Light Bulbs
- Computer components and electronic waste

Please bring during office hours (M-F 8AM-3:30PM)

# CREDITS FOR SPORTS LICENSES

In June of 2010, the General Assembly authorized credit to be applied against any fee charged for a 2011 sportsmen license, permit or tag for those who purchased a license, permit or tag at the higher price in 2010. Due to time constraints, the DEP was not able to build a credit function into the POS terminals at Town Clerk's offices or other retail locations that sell licenses. Therefore, any customer wishing to take advantage of the credit MUST purchase their 2011 license/permits at one of the DEP locations or by mail using the form (available after 12/1/10) on the DEP website at

www.ct.gov/dep/sportsmensfeereduction.

The 2011 licenses/permits will be available starting December 1, 2010. The new law only allows DEP to offer the 2010 credit to the customer at the time they purchase their new 2011 license/permits. DEP does not have the ability to issue a refund to a customer for a 2011 license purchased either online or at an agent location.

Please visit the DEP website if you have any questions. www.ct.gov/dep

# Susan Phillips, Director, Hall Memorial Library 860-870-3160 ~ www.biblio.org/ellington

#### **Library Hours**

Monday-Thursday
Friday-Saturday
Sunday
10AM-5PM
10AM-5PM
1PM-5PM

See page 20 for Holiday closing schedule.

#### PICTURE PERFECT ELLINGTON CALENDARS

The 2011 Picture Perfect Ellington Calendar is here! It is filled with beautiful photographs that represent the special place that Ellington is, and as an added bonus, there are coupons for a free cup of coffee, savings in the book cellar and to reduce library fines. Priced at \$10.00, it is the perfect gift!

# NEW FEATURES ADDED TO THE ONLINE CALENDAR OF EVENTS AT THE LIBRARY

The new online calendar for the library has been up and running smoothly for a few months. It lists library programs and other community programs and meetings held at the library. Two additional features have now been added for your convenience—online registration for library programs and online booking of library meeting rooms. Both are quick and easy to use. Visit the library website and check them out.

#### **GIVING TREE**

The library is once again sponsoring a holiday season "Giving Tree" for the benefit of the Tracy Thurman House. This women's shelter, run by the Network Against Domestic Abuse, serves Ellington and the surrounding area. Donations of a wide variety of household and daily living items will be accepted until December 20. Visit the library, choose a tag from the tree and help make a difference!

#### AMAZON.COM MAKES DONATIONS TO HML

Wouldn't it be great if you could conveniently shop for books and gifts online and make a donation to the library at the same time? You can! Start at the library webpage, <a href="www.biblio.org/ellington">www.biblio.org/ellington</a>, then click on the link "Shop for Books. This will take you to Amazon.com. For everything you then purchase, Amazon will donate 5% of the total to the library. So be sure to start your shopping spree on the library website.

#### **BOOK DISCUSSIONS**

The library holds a monthly book discussion program for adults on the third Wednesday of each month at 7:30. Upcoming titles are:

- December 15—A Christmas Carol by Charles Dickens;
- January 19—*House Rules* by Jodi Picoult.

February through May there will be a grant-funded series called "Traveling Memories" featuring books by female travelers. Titles are:

- February 16—*A Year in the World* by Frances Mayes;
- March 16—*Eat, Pray, Love* by Elizabeth Gilbert;
- April 20—*Nothing to Declare* by Mary Morris;
- May 18—*Fried Eggs with Chopsticks* by Polly Evans.

The grant, courtesy of the Connecticut Humanities Council, provides multiple copies of the books and a discussion facilitator. All programs are open to all. Copies of the books are available at the library.

#### ART DISPLAY

Are you an artist looking for display space? The library has display space looking for artists! Upcoming displays:

December—Dee Romejko
January—Andreas Halidis
February—Phil Morgan
April—Richard Massie
May—EHS Art Students
June—Tolland County Art Association
July & August—Calendar Contest phote

July & August—Calendar Contest photos December—Tobacco Valley Artists

If you would like to share your art with the community, check with Sue Phillips (860-870-3160) about available dates.

#### ELLINGTON CHRONICLES OF CHANGE

The definitive history of the town of Ellington, *Ellington Chronicles of Change*, has finally been reprinted. Compiled by Dorothy Cohen in 1987 and long out of print, this much sought-after book has been reprinted by the Ellington Historical Society and is on sale at the library for \$20.00. Get your copy today! The recently published photographic histories of Ellington and Crystal Lake compiled by Lynn Kloter Fahy are also still available at the library.

#### YA (Young Adult) STUFF

Just a few words from the Young Adult department.

**Read-a-Thon** We'll be having a "Read-a-Thon" on Friday, January 14<sup>th</sup> from 4 pm –

10 pm. Teens participating in the Read-a-Thon will be fund raising for a future bus trip to NYC to tour the New York Public Library. Pledges can be made on a per page basis or a flat rate donation. This event is open to students in grades 7-12. If you would like to participate, please stop in at the library to pick up a pledge sheet. You can register for this event through our online calendar starting January 2<sup>nd</sup>. Prizes will be given for most dollars raised and most pages read during the six-hour silent reading event.

Bake Sale We will also be holding a bake sale on Friday, January 21<sup>st</sup> to raise funds for our trip to NYC. Stop in to buy and taste some of the delicious treats offered. Along with your goodies, you can enjoy a cup of coffee or hot chocolate for sale at the coffee bar in the McKnight Reading Room.

Creative Writing Group

Our Creative Writing group is growing!

Come join us on the last Thursday of every month, from 3pm -4pm, to hone and challenge your writing skills. This group is open to students in grades 7-12. For more information, please call 860-870-3160.

**Book Discussion** Finally, the Young Adult Advisory Board and the Senior Center will be teaming up to participate in a twosession joint book discussion during February and March. The teens will pick the first book the group reads, and the seniors will pick the second book. If you're interested in participating, please call the library at 860-870-3160 for more information.

#### CHILDREN'S DEPARTMENT NEWS

Tellabration On November 18, the Children's Department hosted TELLABRATION for area preschools. Tellabration is an annual storytelling event, made up of storytelling happenings all over the world. It's purpose is to introduce young and old alike, to the pleasures of the oral art of storytelling. Children and teachers from three Ellington preschools attended to hear stories and songs as presented by Ann Shapiro, a professional story teller of more that thirty years. Over one-hundred were in attendance. This event was sponsored by the Connecticut Storytelling Center.

Many programs will be available with the New Year.

**Babies & Books** Beginning the week of February 7, 2011, the library will be hosting Babies & Books for children 9mos.-2 ½ years on Mondays 10:15-11:15. This program is a combination of sharing books, songs, and movement activities, and a play time.

**Story Hour** 2-½ year olds, along with an adult, are invited to attend Story Hour on Fridays at 10:15. This program lasts for one-half hour.

Registration for Babies & Books and the 2 ½ year Story Hour will begin January 24, 2011. For these two programs, you may register in the library, online at <a href="www.biblio.org/ellington">www.biblio.org/ellington</a> or by telephone at 860-870-3160.

For children 3-5 years old, Story Hours will be available either on Tuesdays at 10:15 or on Wednesdays at 1:00. This 45 minute program is for children who are ready to attend without their parent accompanying them. This is a Walk-In program. No registration is required.

Library programs are FREE and open to the public. For more information call the library  $\sim 860-870-3160$ .

#### www.biblio.org/ellington

# Friends of Hall Memorial Library

#### **Annual Cookie Sale**

The Friends of the Hall Memorial Library will hold their annual holiday cookie sale on:

Sunday, December 19, 1-5pm Monday, December 20, 10am-6pm

The gorgeous one-pound trays of delicious home-made cookies will sell for \$9.00.

#### **BOOK CELLAR HOURS**

Mondays 6:00 pm- 8:00 pm Thursdays 2:30 pm- 4:30 pm Saturdays 10:00am-12:00 pm Sundays 2:00 pm- 4:00 pm

#### **Book Cellar Gift Certificates**

Need a new idea for a gift for a teacher? How about a gift certificate to the Book Cellar! The Friends of the Library used book store stocks hundreds of slightly used books for all ages at rock bottom prices—perfect for teachers to stock their classroom libraries. Gift certificates may be purchased in any amount.

# Stephen C. Cullinan, Superintendent of Schools 860-896-2300 ~ www.ellingtonschools.org

## From the desk of the Superintendent...

We live in a time that is often characterized as having instant communication. Global events are televised twenty-four hours a day, three hundred and sixty-five days per year. The internet, e-mail, texting, YouTube, twittering, Facebook and on and on, provide new means of social networking, pervasive communication and, quite often, what feels like an overload of information. The benefit of unlimited and instant access to information, however, can be offset by the fear of invasion of privacy or identity theft. This overabundance of information is often partisan, unfiltered and anonymous.

Amidst this backdrop of all news all of the time, I am often struck by how little we know about what is occurring locally. "Getting the word out" about wonderful and exciting things that occur right here in Ellington, the region, or the state is often a challenge. Sometimes I think that the accomplishments and good work of the students and staff of the Ellington Schools is one of the best kept secrets in town.

On September 30, 2010, the Ellington Board of Education held its annual brainstorming session. This year's meeting was facilitated by Mr. Robert Radar, the Executive Director of the Connecticut Association of Boards of Education (CABE). Mr. Radar was highly impressed with the efficient, professional and effective functioning of the Ellington Board of Education. He was also most impressed with the high level of student achievement, coupled with our low state ranking in per pupil spending.

One result of that meeting was the creation of a Board of Education Communication Committee. The committee will be chaired by Board of Education Vice-Chair Mrs. Tracey Kiff-Judson. Other Board of Education members serving on the new Communication Committee are: Mrs. Ann Marie Hayes, Mr. Dan Keune and Mr. James Stoughton. The committee held an organizational meeting on November 15, 2010. Representation on the committee will be expanded to include PTO representatives, teachers, administrators, representatives from community organizations, former students and other constituents as appropriate.

The purpose of the new Communication Committee will be, "to communicate important messages regarding our school system to stakeholders of the town of Ellington." In this regard, we are all stakeholders.

The success of a participatory democracy is dependent upon an enlightened citizenry. The success of our nation in a competitive global market place is highly dependent upon the quality of our public system of education. The success of our schools and our students is vital to each of us, thus the work of the Communication Committee is of great importance to us all.

Over the next several months, the membership of the Communication Committee will be expanded. Initial strategies and action steps will be planned, and all appropriate methods and means of communication will In addition, the Ellington Public be considered. Schools will upgrade its website, which will allow the district to provide timely information in a variety of formats. As citizens of Ellington, I welcome your comments and suggestions as to how you believe the Board of Education can better communicate information regarding your schools. Please let the Board of Education know the type of information about your schools that is important to you. Let me repeat that important concept – these are "your schools." Please send your suggestions to me scullinan@ellingtonschools.net.

One easily accessible source of information about your school district is the district's Monthly Instructional Report. The Ellington Public Schools has a District Instructional Plan which can be accessed through our website at www.ellingtonschools.org. In addition, each of your schools has a School Instructional Plan that is aligned with the district plan. Each month, I provide the Board of Education with a summary of what has occurred in your schools to successfully implement those plans. The Monthly Instructional Reports can also be accessed through the district website. Should you choose to review them, I will take this opportunity to direct you to the third section of each report. In this portion of the report, you will note many student and staff recognitions for that month. It is a pleasure for me to report the excellent work that is done by so many, on an ongoing basis.

As part of the district's communication efforts, we will be introducing a Superintendent's Blog. This initiative will present me with an opportunity to offer information to the entire community, on a variety of important educational topics. It will also allow me to highlight some of the rich and exciting work that occurs in your schools each and every day. My goal is that the best kept secrets in town will no longer be secret.

Just last month, I had the privilege to witness:

- Your students at Ellington Middle School and Ellington High School pay tribute to our many veterans whose sacrifice and service provide the foundation of our free society.
- Girls' Soccer Captain Kelly Conley, along with Boys' Soccer Captain, Michael Thomas, coordinated a campaign to raise awareness and funds for Breast Cancer Awareness Month;
- Fourth grade students at Crystal Lake School initiated a year-long community service project by making their first visit to Evergreen Nursing Home in Stafford;
- Ellington High School students Kevin Lapointe and Christine Spartz were named Commended Students in the 2011 National Merit Scholarship Program;
- Ellington High School Girls' Cross Country Team, coached by Aaron Flamino, captured the Class "M" State Championship;
- Ellington High School Science Teacher Kandace Murdock, initiated the planning process for the Channel 3 "Cool Schools" and did a phenomenal job of coordinating many aspects of the project;
- School Counselor Marilyn Toback-Reveley organized the introduction of Rachel's Challenge to Ellington, which featured the story of Rachel Scott, the first person killed at Columbine High School, whose acts of kindness and compassion have become the foundation for a school program that inspires students to spread a chain of kindness in the school.

I could go on and on, as there is so much to say about your schools, and your kids, but I do not need to do that. We now have a Communication Committee whose commitment is, "to communicate important messages regarding our school system to stakeholders of the Town of Ellington." I look forward to being part of such a rewarding opportunity.

Stephen C. Cullinan

**Ellington Public Schools Where Children Come First** 

# Robert Phillips, AICP, Town Planner 860-870-3120

The Planning and Zoning Commission (PZC) has been considering a comprehensive change to our residential zoning regulations for about 2 years now. Currently the minimum lot size for subdivision of land for residential development is 40,000 square feet and has virtually no design flexibility. This typically leads to a "cookie-cutter" style of residential development with one home on a 40,000 square foot lot surrounded by other similar lots and perhaps a piece of land that has been set aside as open space somewhere in the development. Further, although there are several different residential zones in town, there is no difference in the minimum lot size between them. In essence it is a "one size fits all" residential development philosophy across the whole town.

One of the goals in the Town's Plan of Conservation and Development (POCD) is to cut down on the relatively rapid residential development over the last decade by lowering build-out. This reduction will lead to a lower build-out population and in turn lessen the fiscal impacts to taxpayers that are created by residential growth.

This can be accomplished by raising the minimum lot size to at least 1-1/2 or 2 acres in appropriate residential zones. However, this does not change the development pattern and can in fact lead to more suburban sprawl. In response, an alternative that the PZC has been considering is a density-based standard where a piece of land will "yield" a certain number of lots and other lot standards can be relaxed to promote a "clustering" of development. This can lead to a much better development pattern aesthetically as well as provide for greater protection of our natural resources and connectivity of open space and greenway corridors. Above all, it could be the main driver in reducing the town's build-out population (estimated at 37,000 people with the current standards in place).

Major initiatives such as this need strong support from the community. If you support such changes (or even if you don't), by all means let your voice be heard at the next PZC meeting! (Scheduled for December 27 @ 7p.m. in the Town Hall Annex.) The commission needs to hear you!

For more information or to review the POCD, please contact the Planning Department, or visit the Town Website at <a href="https://www.ellington-ct.gov">www.ellington-ct.gov</a> (under Town Services; Town Planner).

# Anna Turner, Elderly Outreach 860-870-3131

#### TRIAD SENIOR SAFETY PROGRAMS

# February 8, 2011 @ 12 noon Valentine's Stroke Prevention

Luncheon & presentation by St. Francis Health Center of Ellington at the Ellington Senior Center. Please join us for a luncheon & education program on Stroke Prevention.

Contact the Senior Center for registration details & transportation arrangements—860-870-3133. Limited seating so RSVP required.

#### March 8, 2011 @ 1 pm Health Literacy & Health Living!

Presentation at the Ellington Senior Center by Aileen Henry RN/VNHSC. Join us & learn about important health details. Call 860-870-3131 by March 3 to register to attend. Refreshments served.

#### **EMERGENCY CALL LIST**

With colder weather coming you need to be prepared for power outages and other weather related emergencies. If you or someone you know may need assistance during this time, we may be able to help. This is especially important if you are disabled, frail, elderly or live alone with no immediate family in the area. To obtain information on how to get on the emergency call list contact us at 860-870-3128.

#### Erin Graziani, Senior Center Director 860-870-3133

Upcoming highlights for 2011 at the Ellington Senior Center include an invitation from the Hall Memorial Library to participate in an intergenerational book club under the direction of Cheryl Chamberlain, Library Assistant II. More information will be forthcoming within our Town Crier Newsletter.

Mark your calendar for Friday, April 29, 2011 at 7 pm–9 pm for a "Senior Ball Bash". We are working with students from the Ellington High School to bring about this fun, entertaining, evening. Additional information will be forthcoming through our Town Crier Newsletter that is published on a monthly basis. Stop in to the Ellington Senior Center to pick up your copy, or access this newsletter via the Town of Ellington website at www.ellington-ct.gov.

# Ann Marie Conti, Tax Collector 860-870-3113

In January 2011, the second half of your real estate and/or personal property tax bill will be due if the total bill was greater than \$600. You have already received your payment stub in July 2010. Taxes must be received or postmarked by Tuesday, February 1, 2011 to avoid interest charges. Interest is charged on all late payments at the rate of one and one half percent per month or fraction thereof, 18 percent per annum, from the due date of the tax as per Connecticut General Statute 12-146. There are no exceptions to this policy. Please contact the Tax office at 860-870-3113 or <a href="mailto:taxcollector@ellington-ct.gov">taxcollector@ellington-ct.gov</a> to request a copy of your bill.

The supplemental motor vehicle tax bills are mailed the last week in December. Supplemental bills are prorated to reflect the registration time of your vehicle after October 1, 2009 and before September 30, 2010. Vehicles that have been traded in will receive a prorated credit netted against the newer vehicle if the same plate is transferred.

If you are being billed for a motor vehicle which was sold, destroyed, stolen or removed from Connecticut, you must contact the Assessor's office. The Assessor's office is responsible for issuing credits and removing items from the tax rolls. YOU MUST PROVIDE PROOF and must apply for credit within a limited time, so do not delay.

Please retain your tax receipts for income tax purposes. A payment history report may be obtained from the Tax Collector's office; a 50 cent per page copy fee will be charged. Information will not be provided over the phone. The Tax Collector's office operates on a fiscal year (July to June) rather than calendar year (January to December) These requests involve research into the prior fiscal year's records. Due to this, as well as the volume of requests, a report must be generated.

The Tax Office offers the option of paying taxes online, by visiting the Town of Ellington's website,

#### www.ellington-ct.gov,

Real estate, personal property and motor vehicle taxes can be paid by credit card or from an online checking account. Sallie Mae Solutions Inc., which handles these transactions, charges taxpayers a convenience fee. The fee is disclosed up front, and taxpayers have the opportunity to "back out" of the transaction. The Tax Collector's office will not be able to process credit card payments in the office.

# ELLINGTON RECREATION DEPARTMENT 2010-11 WINTER PROGRAMS

Address:

31Arbor Way/P.O. Box 187

Email: recreation@ellington-ct.gov

**Office Hours:** 

**Phone:** (860) 870-3118 Monday 8:30 am-6 pm Friday 8:30 am-1:30 pm **Fax:** (860) 870-3198

Tuesday-Thursday 8:30 am-4:00 pm

www.ellington-ct.gov



# **AED/ First Aid/ CPR**

Register online:

Ellington.safety@yahoo.com

**Instructor:** Allison Breen

The Recreation Department now has a certified AED/First Aid/CPR Instructor on staff. New classes have been scheduled that will allow ALL Ellington Coaches, Athletic Officials, Program Instructors, and staff to register FREE of charge. All classes will be held at the Recreation Office at 31 Arbor Way.

- ◆ Saturday December 18, 2010 9am – 2pm
- ♦ Monday January 10, 2011 5pm -10pm
- ♦ Wednesday February 23, 2011 5pm—9pm
- ♦ Saturday March 26, 2011 8am—12noon
- Wednesday April 13, 2011 5pm—9pm

Please understand that each coach is REQUIRED to complete this training. We can only allow Six (6) coaches per class, so register early.

#### 2011 DICK GUNN & CLARE LANDMANN BASKETBALL TOURNAMENTS/JAMBOREES

It's that special time of the youth basketball season when the Town of Ellington recognizes two long-time volunteers (Dick Gunn and Clare Landmann) for their many years of loyal support to the Town's recreation growth, from both a program and athletic facility standpoint. Tournament & Jamboree schedule brackets projected schedule March 5 to March 19th, will be posted on the Parks & Recreation website once the exact dates and time frames have been established. Even if you do NOT have a child that participates in any of the leagues, you WILL WANT to visit one or more of the games and witness the friendly but competitive nature of the teams involved.

Volunteers are being sought to help assist the Recreation Department with the 2011 Tournaments/ Jamborees. Please call the Recreation Office @ 860-870-3118

### **Basketball**

CLASS	ID CODE	DATES	TIME	AGES	FEE	LOCATION
Men's Informal Basketball	0205.50311	Monday Evenings January 3 to June 6 (Closed ~ Jan 17; Feb	5:30-7:30PM	Under 30	\$10	Windermere School
	0205.50411			Over 30	\$10	
Unified Basketball Program	No Code	March 2011to May 2011	6-7 PM	TBD	No Fee	Middle School
Informal High School Basketball Boys & Girls*	1119.BB9 1119.GB9	December 1, 2010 to March 2011	Varied Time Slots	Grades 9-12	\$60	Site Varies

<sup>\*</sup> CIAC rules prohibit anyone playing on a high school team from participating in this program. Interested in competitive play? We anticipate forming a competitive team to play games with surrounding towns. Pre-registration is required. Scrimmages are held in-house and attempts are underway to schedule games with surrounding towns.

#### **Travel Basketball Tournament:**

The Recreation Department will host an 8th Grade Boy's Basketball Tournament on

> Dec. 28th & 30th at the Ellington Middle School.

Teams from South Windsor, Portland and Newington will compete along with the host team.

#### **Schedule:**

Dec. 28th ~ 6pm & 7:30pm First Round Games with Ellington playing @ 7:30pm Dec. 30th ~ 6pm Consolation Game 7:30pm Championship Game.

A program brochure will be provided and anyone interested in placing an advertisement should contact Bob Tedford @860- 870-3118 no later than December 20, 2010.

A concession stand will be available

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CLASS	ID CODE	DATES	Тіме	AGES	FEE	LOCATION	
Co-Ed Volleyball	0204.50410	Wednesdays Jan. 5-April 13	7:30-9:00 pm	18 & up	\$10	Middle School	
Tennis Lessons Adult Beginners (Indoor Lessons)	0205.40W10	Session W: March 3,10,17,24	6:30-7:30pm	Adult Beginner 14 & up	\$30	Crystal Lake School	
Tennis Lessons Adult Intermediate (Indoor Lessons)	0205.40WN	Session A: March 3,10,17,24	7:30-8:30pm	Adult Intermediate 14 & up	\$30	Crystal Lake School	
Cardio Tennis Workouts	0205.CARW	Session C: March 3,10,17,24 (max_enrollment 8)	8:30-9:30pm	18 & up	\$30	Crystal Lake School	
High School Tennis	0301.101	Week of: March 7 through March 17th, more information to follow	TBD	Grades 9-12 Boys & Girl		TBD	
Players	layers must provi	de their own racquet, sneake	rs and transport	ation to pract	ices		
Adult Competitive Basketball	0109.501	Register by contacting the Rec Dept. to determine eligibility	7:30-10 pm	18+ up	Team Fee	EHS/EMS/ Windermere School	
Women's Informal Basketball	0110.J2010	Tuesday Evenings Jan. through March	7:30-9:15pm	18+ up	\$12	Center School	
Adult Indoor Soccer Co-ed	0112.401	Jan.5,12,19,26; Feb. 2,9,16; March 2,9,16	7:30-9:30 pm	18 & up	\$15	Windermere School	
Kripalu Yoga Instructor: Jack Fila	KRIP.YOGA7	Session 7: Jan.6,13,20,27; Feb.3,10,17,24; March 3,10,17,24,31 (Jan 27 & Feb 24 in Children's Room)	6:30-7:45pm	14 & up	\$ 9 per class	Hall Memorial Library	
Jukido	0504.JUK310 0504.JUK410	Session 3: Jan. 6,13,20,27 Feb. 3,10 Session 4: Feb. 17,24; March 3,10,17,24	5:30-6:45pm	6 & up	\$45 per session	Windermere School Gymnasium	
Babysitter Safety Course Min. 10/Max. 15 Per session	BABE.SITT8 BABE.SITT9 BABE.SITT10	Session #8: Feb 1&3 Session #9: Jan. 24 & 25 Session #10 Feb. 14 & 15	2:30-5:30 pm 3:30-6:30pm 3:30-6:30pm	11-15 year olds	\$45	Windermere Cafeteria	

CPROHEART LLC Babysitter Safety Course teaches the skills necessary to care for children of all ages in a variety of settings. The course is intended for 11 to 15 year olds. It covers; diapering, feeding, burping, soothing techniques for an infant, toddler considerations, behavior issues and skills for good behaviors, house safety, fire extinguishers and phone safety. It covers injury prevention, first aid, and choking, and basic CPR techniques. The course covers how to call 911, what to do while waiting in an emergency. The course is six hours, it can be done in two, three-hour sessions and includes a workbook and certification upon completion. It is fun and very interactive with a lot of hands on practice in diapering, bandaging, and role playing. Bring a snack & water bottle, wear comfortable clothing, no cell phones on during class, no computer games or iPods.

Winter 2010-11		The Ellington Com	Page 11		ge 11	
ACTIVITY	ID CODE	DATES	Тіме	AGES	FEE	LOCATION
Tiny Tot Indoor Tennis Lessons Max .8	TINY.TTTI	Session I: Feb. 28; March 7,14,21,28; April 4 Make up date April 11th	5:30-6:15pm	3-5 years	\$35	Crystal Lake School
Pee Wee Indoor Tennis Lessons Max. 8	PEE.PWEI	Session I:Feb. 28; March 7,14,21,28; April 4 Make up date April 11th	6:15-7:00pm	5-7 Years	\$35	Crystal Lake School
Youth Indoor Tennis Lessons Max.8	YOUTH.TNI	Session I: Feb. 28; March 7,14,21,28; April 4 Make up date April 11th	7-8:00pm	8-13 years	\$35	Crystal Lake School
Youth Indoor CO-ED Soccer	0301.WCE10	Winter Session: Jan. 4,11,18,25; Feb. 8,15	5:45-7:15pm	Grades 9-12	\$15	Middle School
Youth Indoor CO-ED Soccer	0301.CES10	Spring Session: March 18,25 April 1,8,15	6:00-7:00pm 7:00-8:00pm 8:00-9:15pm	Grades 3-4 Grades 5-6 Grades 7-8	\$15	Middle School
Youth Volleyball CO-ED	0120.YVB10	TBD—Possibly Wednesday evenings	6-7:15pm	Grades 5 thru 8	\$15	Crystal Lake School
NYSCA Coaches Clinic Softball/Soccer	NYSC.A110 NYSC.A210	Session 1: Feb. 11 Session 2: Feb. 24	6:30pm- 8:30pm	All Rec. Coaches	No Fee	Arbor Commons 2
Coaches	This program is available online WWW.NAYS.ORG/NYSCAONLINECLINICS					
Quick Start Tennis Max. 8	QUIC.TENI	Session I: Feb. 28; March 7,14,21,28 Make up date April 4th	3:30-4:30pm	Grades K-4	\$35	Center School
Indoor Golf Lessons	0606.GOLFW	Session A:March 1,8,15,22	6:30-7:30 pm	Adult Women's	\$60	Crystal Lake School
(affiliated with Ellington Golf Center)	0606. GOLFA	Session B:March 1,8,15,22	7:30-8:30 pm	Adult Co-ED		Instructor:  Jeff
Wear sneakers, all-purpose shoes. Mats and plastic golf balls will be provided					Wadsworth	
Women's Self-Defense	0503.WSD10	March 10th & 17th	7:00 pm	12 & up	No Fee	Windermere School

## **Tennis Night In America**

Games, Demonstrations and Spring and Summer 2011 Lesson Sign -Up Saturday, February 26th Time to be determined Come sign your kids and yourself up for QuickStart Tennis, Jr. Team Tennis, Adult Team Tennis and other clinics offered through the Ellington Recreation Dept. Take part in game and clinic demonstrations and get a prize for signing up in this event cosponsored by the USTA in advance of their 3rd Annual Tennis Night in America on February 26, 2011

#### X-Country Ski Lessons / Course

The Recreation Dept. will offer (weather and SNOW permitting!!) cross-country ski lessons and a local x-country course for Ellington residents. A pre-season clinic will be offered at the end of December/early January, which will cover the following aspects: safety, type/style of skis/snowshoes, instruction on how to enjoy x-country skiing. If interested in being contacted with a firm date and time for the clinic, please contact the Recreation Office at 870-3118.

"Buy- A- Brick" at Brookside Park

The Oct. 30, 2010 Grand Opening of the Brookside Park

Playground (combined efforts of Phase 1, 2 and 3) was a huge success that incorporated a Town—wide Fall Festival in addition to acknowledging the contributions of those individuals and/or businesses that purchased a "Brick" in memory of a family member or on behalf of an organization. The success of this project, which has encompassed approximately 2 years of numerous projects/fundraisers, could not have been completed without the direct involvement of Town Residents' Jill Maznicki and Cheri Murphy. Both individuals donated an untold number of volunteer hours toward the project and at the same time generated an excitement within the community at large!!!

Thanks again to Jill and Cheri!!!!

**Berkshire East Ski Program** in conjunction with the Vernon Parks and Recreation Department ~ A fiveweek ski and snowboard program to Berkshire East Ski Resort located in Charlemont. M.A. This program is for skiers/snowboarders of all abilities.

Dates: Fridays, January 7, 14, 21, 28 ~ 3:30-10:45pm Saturday, February 5 ~ 8am-5:30pm

Skiers	Costs Includes	Snowboarders
\$305	lift ticket, rental, lessons, bus	\$355
\$255	lift ticket, rentals, bus	\$280
\$255	lift ticket, lessons, bus	\$280
\$215	lift ticket, bus	\$215

<u>Grades 7-12</u> are eligible, plus adults where openings exist.

Registrations must be paid in full by December 20, on-line or at the Ellington Recreation Dept. 860-870-3118.

#### **Pre-Season Informational Coaches Clinic**

The Recreation Department, in an attempt to provide support services to ALL Town of Ellington Coaches, has designed a pre-season Coaches Clinic that will discuss the following VERY important aspects of coaching today's youth:

- Moral/legal obligations of a coach
- Emergency procedures and concussion information
- Parent/Coach communication and expectations
- Coaching Guidelines: practice planning, teaching drills/skills, coaching 101
- Mandatory requirement: registering for and completing an approved AED/CPR/FIRST AID class offered by the department
- Equipment Inventory
- Playing time philosophy and Town of Ellington/ Parks and Recreation Commission Policies
- Question/answer session

Guest Speakers from both the college and high school sector will be involved in the presentations.

**Dates:** January 3, 2011 **Location**: Center School **Time Frame**: 6:30-8:30pm

The seminar is required attendance for ALL Ellington Recreation Department Coaches, regardless of the sport that an individual has or wishes to coach in. Head Coaches as well as Assistant Coaches are expected to pre-register by contacting by e-mail:

Bob Tedford: <a href="mailto:rtedford@ellington-ct.gov">rtedford@ellington-ct.gov</a> or Mary Bartley: <a href="mailto:mbartley@ellington-ct.gov">mbartley@ellington-ct.gov</a>

# **Ellington Arts Council**

The Ellington Recreation Department is looking for your input and suggestions in hopes of creating an ARTS Council. The Recreation Department would like to generate interest in artistic activities for both youth and adults. Some considerations are theatre, crafts, music, painting, drawing, jewelry/beading and ceramics. But, we can't do it without your help! Please complete the interest/registration section and mail in today! Without community support we will not be able to get these programs off the ground.

#### What could we do?...It's up to you!

□ Talent Show? □ Theatre Workshop? □ Summer Arts Camp? □ Music? □ Dance? □ Fair on the Green? □ Town-wide musical? □ Arts & Crafts

#### **INTEREST INVENTORY:**

Please mail or email your Interest Inventory to:

Ellington Recreation 31 Arbor Way, P.O. Box 187 Ellington CT 06029

E-mail your questions, suggestions to <a href="mailto:rtedford@ellington-ct.gov">rtedford@ellington-ct.gov</a>

Vame:
Phone:
E-Mail Address:
Mailing Address:
<u>INTERESTS</u> :
□ Volunteer □ Special Events □ Fundraising □ Other

## **Ellington Girls Softball Registration**

## **Softball Registration Dates for New Players:**

Dates	Time	Place
Sat., Jan. 29	9am-12noon	Middle School Cafeteria
Sat., Feb. 5	9am-12 noon	Middle School Cafeteria

**First year players** are required to provide an <u>original</u> birth certificate and parent/guardian must show their driver's license at time of registration.

**Returning Players:** Online registration will be open from 1/24/2011–2/11/2011

A \$10.00 late fee will be added on to registrations after 2/11.

# Register online at www.ellingtongirlssoftball.org

"Register Online" tab on left of Home Page. You will also be able to register for player clinics at this time.

#### League Age is player's age as of December 31, 2010

- ◆ **Rookies** (league age 7&8) maybe 6 if child has played at least one year of T-Ball
- ♦ Minors (league age 9&10)
- ◆Majors (league age 11&12)
- ◆Seniors (league age 13-16)

**Fees:** Rookies ~ \$60 (plus \$20 refundable concession deposit), plus any optional clinics.

**Minor League** ~ \$70 (plus \$20 refundable concession deposit) plus any optional clinics.

**Major/Senior League**~ \$80 (plus \$20 refundable concession deposit) plus any optional clinics.

#### **Important Information**

- ◆ Please note: you must attend one of the registration sessions if you are a League Volunteer who has regular contact with the players( coaches, umpires, team helpers, concession stand openers/closers). Please complete a Little League Volunteer Application (which can be found on our website under the Registration Tab at top of the page, and bring it along with your driver's license( we will need to make a copy of your license)
- All Minor and Major League Players will be evaluated at an evaluation clinic in March.
- Pre-Season Player Clinics will be scheduled in February/March, before the evaluation clinic.
   All Clinics have limited space— signups will be offered during registration on a first-come, firstserve basis.
- Practices will begin sometime in early April depending on weather/field conditions.

<u>Volunteer Opportunities</u>: Contact: Karen Conley @ 860-871-8549

- Umpiring Minor & Major League Games
- Coaching
- Opening Day Apparel Sales/Year-end Picnic

# Ellington Little League Baseball ~ Players Ages 6 years-16 years (prior to May 1, 2011) 2011 Registration Forms can be downloaded from <a href="http://www.eteamz.com/ELL/handouts/">http://www.eteamz.com/ELL/handouts/</a>

# Little League Baseball Registration

Sign Up Dates:	<b>Time</b>	<b>Location</b>
Jan. 29 Saturday	9am—12noon	Ellington Middle School Cafeteria
Feb 2 Wednesday	5:30-8:00pm	Ellington Middle School Cafeteria
Feb. 5 Saturday	9am—12noon	Ellington Middle School Cafeteria

Note: First time players must bring a birth certificate to registration!!

Free Baseball Bash for players 7-10 years old (PRIOR TO 5/1/11)

**Date:** March 19 **Time**: 9:00am-12noon **Place:** Ellington Middle School Free Skills Clinic-Games

Volunteers Needed: Please contact Dan Okun 860-836-1013

Major	<b>Major League Tryouts:</b> 12 year olds <u>must attend</u> tryout sessions					
	1st tryouts~	2nd tryouts~	Rain Date~			
	Indoors @EMS	Brookside Park	Brookside Park			
Age	March 21st	March 26th	March 27th			
12 yrs	7-8:30pm	10-11:15am	1:00pm			
11 yrs	7-8:30pm	11:15-12:30pm	2:00pm			
10 yrs	5:30-7:00pm	12:30-2:00pm	3:15pm			
Juniors	<u>s</u> 13-14 yrs N/A	11am-1pm	1:00pm			

The Ellington Little League Program is an all-volunteer organization. The league is affiliated with Little League, Inc. and follows the rules and guidelines set forth by the National Organization in Williamsport.

Ellington Little League is not affiliated with the Ellington Recreation Department.

Contacts & Fees:

Note all fees have an additional \$35.00 Refundable Concession Deposit

- Rich Della Penna 860-871-6392 Instructional League \$50.00
- **Doug Pearce** 860-995-7937 Jr/Sr League (13-16 yrs) \$85.00
- ◆ **Dan Okun** 860-836-1013 Major League \$75.00
- **Paul Stein** 860-875-1539 Farm & Minor League \$75.00

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# VACATION CAMPS FOR CHILDREN GRADES K-8

All Vacation Camps will be held at the Ellington Middle School

The Recreation Department will sponsor <u>Two Vacation Camps:</u> December & April for children Grades K-8. The camp's daily schedule will include passive and non-passive activities, crafts, sports, music, movies, special events (science experiments), nature/hikes and possible sledding!!

#### **Camp Information**

- Campers should bring outdoor clothing (boots, hats, mittens, snow pants) No child will be allowed to participate in any outdoor activities unless dressed appropriately!
- All items should be labeled with the child's full name.
- Full Day Campers should bring a bagged lunch and snack (if wanted).
- Refreshments/drinks will be provided to campers both in the morning and afternoons.

#### <u>Camp Hours of Operation</u> <u>for both Camps</u>

Full Day 8:30AM -3:00PM Half Day 8:30AM-12NOON

Before Camp Care 7:30AM-8:30AM After Camp Care 3:00PM-5:00PM

#### Payment

- Full payment is required at time of registration.
- Family deductions for 2nd and 3rd child in same household will be \$5.00 per child; this only pertains to full day/full week campers registered.
- Discounts **do not** apply to before and aftercare fees.

#### **December Camp**

December 28, 29, 30, Full Day/Full Week:

\$54 00

1st child

\$49.00 2nd & 3rd child (or \$18 a day)

Half Day/ Full Week:

\$36.00 1st child

\$31.00 2nd & 3rd child (or \$12 a day)

Before Care: \$4.00/day/child After Care: \$7.00/day/child

DEADLINE DATE to determine if the camp will operate:

**December 20, 2010** 

#### **April Camp**

April: 18,19,20,21,

Full Day/Full Week:

\$72.00 1st child

\$67.00 2nd & 3rd child (or \$18 a day)

Half Day/Full Week:

\$48.00 1st child

\$43.00 2nd & 3rd child (or \$12 a day)

Before Care: \$4.00 per day After Care: \$7.00 per day

DEADLINE DATE to determine if the camp will operate:
April 11, 2011

# **2011 Seasonal Employment Applications**

will become available
January 5, 2011 for those
interested in applying for the
following positions within the
Recreation Department:

- ASA (softball Umpire)
- WSI and LGT Lifeguards
- Day camp Counselor
- USSF (soccer) official
- Youth Lacrosse official
- Special event instructors
- Site Supervisors

Please contact the Recreation
Office at 860-870-3118 or
recreation@ellington-ct.gov
to obtain a copy of the
application form.



## **Girls & Boys Spring Lacrosse**

# REGISTRATION STARTS: <u>DECEMBER 1st, 2010</u>

(Outdoor) Program begins March 15th thru June 15th, 2011

The Ellington Recreation Department will be offering Spring Travel Teams for 3rd & 4th, 5th & 6th, 7th & 8th grades. Registration must be received by January 31, 2011 in order to ensure proper roster size and number of teams needed.

Requests to move up a level must be in writing prior to 1/31/11 to the Recreation Department.

#### Travel League Fees: Bantam, Juniors and Seniors ~ \$70

Additional Fees will be required for both boys and girls; \$25.00 Deposit Required for Boys Uniform

#### **Equipment Required:**

Girls: Stick, goggles, mouth guard and cleats

**Boys:** Helmet (black), mouth guard, shoulder & elbow pads, cleats, athletic supporter, rib protector regulation stick [kits are available at Dick's, Modell's Sporting Goods]

#### **Pre Season Practice Schedules**

Bantams Practice 1-2 days per week

Juniors and Seniors Practice 3-5 days per week

Note: Travel is required for Lacrosse within the State of Connecticut and possibly areas of Massachusetts.

#### Divisional Placement: Requirements for teams are as follows:

Bantam Program grades 3 & 4

Girls min. 8 max. 24 Boys min. 15 max. 25

Juniors Program grades 5 & 6

Girls min 15 max 25 Boys min 15 max 25

Seniors Program grades 7 & 8

Girls min 15 max. 25 Boys min 15 max 25

The Lacrosse Association is in *need of volunteers* who have an interest in helping out with the scheduling meetings. In addition, we will also be holding a *coaching clinic* in January for anyone interested in helping coach in 2011. Those interested can contact

Dave Giordano at coachgiordano@gmail.com 860-280-7739 or

Bob Tedford at rtedford@ellington-ct.gov

Pre-Registration Required For All Programs & Clinics

# Boys & Girls Lacrosse Clinics (Indoor) Program

The Ellington Recreation Department will be offering clinics for 2011 programs:

<u>Intro Clinic for Grades 3-8</u>— this clinic will be designed to help build the players basic fundamentals of throwing, catching, cradling and shooting. Players do not need equipment for this clinic, the equipment will be provided.

## New Players ONLY!

Dates: January 14 & 21
Girls ~ 6-7pm
Boys ~ 7-8pm
Location: Crystal Lake School

Note: A Kindergarten to 2nd Grade co-ed instructional program will be offered; dates and times to be determined.

#### **2011 Guidelines:**

- A) Jan. 31, 2011 is the deadline to register in order to ensure team placement, provided the minimum and maximum enrollment figures have been met; if that has occurred, a "wait" list will be kept in order to determine if and when openings do exist.
- B) 2011 playing time guidelines: The boys and girls lacrosse programs will be considered "TRAVEL" programs during 2011 season. Current (Town of Ellington) policy requires each player to receive a minimum of 25% playing time, per game; however, it is anticipated that every attempt will be made to increase the playing time percentage over the course of the regular season.
- C) Evaluation sessions: The Recreation Department reserves the right to establish/schedule multiple evaluation sessions (based on enrollment) in order to provide/select balanced teams, and assign teams to the appropriate levels of competition: Bantam, Junior, Senior.



#### **Town of Ellington Fitness Policy for Group Fitness Classes:**

- Pre-registration is required for all classes except ZUMBA®.
- Full payment is required unless health or personal reasons dictate otherwise at time of registration.
- No credits unless documented illness or mitigating circumstances have been approved by the Recreation Department.
- All participants must complete registration forms and A Physical Activity Readiness Questionnaire. A physicians referral may be required before participation.
- Children 14 years and older are welcome with a participating adult.



® The Zumba® program is a Latin-inspired, calorie burning, feel-it-to-the-core fitness party that leaves you feeling energized and exhilarated. A fusion of Latin and international music along with dance themes create a dynamic, exciting and effective fitness system. Come join the party!

Zumba® Fitness classes are ongoing and run Tuesday and Thursday nights, starting January 4, 2011. Entrance to classes will be through the use of prepaid punch cards purchased on site or by paying the \$8 walk-in fee. There are no classes on the following dates: February 22, April 19 and April 21.

\$40 punch card for 8 classes or \$8 Walk-In Location: Ellington Middle School Gym

Instructors: Joanne Britton & Tressa Giordano Time: 7:30-8:30 pm Ages: 14 & Up Code: **ZUMBA.PUNCRD** 



Your kids are going to love this class! The perfect combination of age appropriate fitness & fun! The class combines high energy, motivating music with easy to follow kid friendly moves. Zumba® creates a party-like atmosphere that is so much fun kids won't even know it's fitness. In no time they'll be shakin', movin' rockin' and slamin' to Latin and international beats like reggaeton, hip-hop, salsa, calypso, cumbia, merengue, samba and more. Be ready to exercise and party. Come in comfortable clothing and sneakers. Bring a water bottle.

Session 3: January 18, 25; February 1, 8, 15 Code: ZUMBA.KID3 Session 4: March 1, 8, 15, 22, 29 Code ZUMBA.KID4

Fee: \$35 per session Location: Ellington Middle School Cafeteria

Instructors: Tressa Giordano Time: 6:45-7:15 pm

Ages: 6-11 years

**Total Body** Blast Blast off those calories and tone your muscles with a full-body workout that targets your major muscle groups and your core while also working in some cardio blasts. The course is led by a certified personal trainer and group exercise instructor. Bring a stability ball, hand weights and a mat. Resistance tubing can be purchased from the instructor. You will get a full-body workout adjusted to your ability level. Strength training, cardio and core work are included.

**Monday classes:** 6:00-7:15 pm at Hall Memorial Library Wednesday classes: 7:30-8:45 pm at Center School Cafeteria

> January 3, 5, 10, 17, 19, 24, 26, 31 **Dates:**

> > February 2, 7, 9, 14, 16, 23, 28 March 2, 7, 9, 14, 16, 21, 28, 30

Fee: \$5 per class;/paid in advance; \$7 drop-in fee Instructor: Ginny Hogan



After School Mini 6-Week Bowling Program

### **Grades K-6**

Session # 2 March 1,8,15,22,29; April 5, 2011

Bus transportation provided to Spare Time Lanes from the following schools: Center, Crystal Lake, Windermere Schools. Parents will be responsible for picking up their children at the Spare Time Vernon Lanes.

Cost: \$65.00

Includes 1-1/2 hours of bowling, shoe rental, transportation to Spare Time Vernon Lanes and free pizza party on the last day.

Note: A separate registration flier will come home through the schools for registration.

All bowling registration forms and payment are to be returned to:

# Ellington Recreation <u>Department</u> NOT your child's school.

**ID Codes:** 

0516.CEN Center School

<u>0516.WIN</u> Windermere School (K-6)

> 0516.CLS Crystal Lake School

## **2011 Ellington Sprint Triathlon**

.25 mile Swim, 12 mile Bike, 3.1 mile Run

July 17th or Rain Date: July 24th



The Ellington Parks & Recreation Department and a few more passionate Triathletes will be hosting the 3rd Annual Ellington Triathlon at Crystal Lake. The 2nd Annual event in 2010 was a huge success and we look forward to another great triathlon with added improvements. The course will consist of 1/4 -mile swim in Crystal Lake, a rolling 12-mile bike course in the country and a moderately flat 3.1-mile run around the lake. This is a fairly challenging course; however, that is what makes the sport of triathlon so much fun! Again, the proceeds from the 2011 Ellington Triathlon will support local charities in Ellington.

Each race registrant will receive snacks, beverages, race bag, t-shirt and a water bottle.

Any local businesses looking to support the race or match a donation, please contact us at <a href="mailto:ellingtontriathlon@comcast.net">ellingtontriathlon@comcast.net</a>. Thanks and we look forward to seeing you in July!

Registration will open March 1, 2011 via <u>www.ellingtontriathlon.com</u> which will direct you to the Ellington Parks & Recreation registration.

Mad Science					
Class	Code	Dates	Times		
Mad Science @ Crystal Lake School	MAD.CLSW	Tuesdays: Feb. 8– April 5	3:30 pm -4:30 pm		
Mad Science @ Center School	MAD.CENW	Mondays: Feb.7-April 4	3:30 pm-4:30 pm		

Topics will include the glow show", dry ice Capades, ph factor, slime time, lab works, junior reactors, super sticky stuff, and Chem in the flash.

#### Fair on the Green

Join your neighbors on Saturday, May 7th for a craft fair, business expo, classic car show, great Ellington food, and kids games. The Fair will once again be presented by the Friends of Ellington Tennis with the kids games produced by Rise Above. For more information, call 860-462-3627.

Or e-mail: ellingtonfair@att.net

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CLASS	ID CODE	DATES	Тіме	AGES	FEE	LOCATION
Little Hands –First Experiences Instructor: Jill Maznicki	LITT.HAND2	Thursdays: January 13,20,27; Feb. 3, 10,17,24; March 3	10:15-11am	1 & 2 years [must be walking] Max: 10	\$65 Resident; \$70 Non- Resident	Library (upstairs children's room)
media such as yogurt puc	dding ,crackers, coo	s hands on sensory art experience of whip, cheerios and much more t with others and make new frien	e! Play time with	friends is a	must and a po	rtion of class
Mini-Movers Instructor: Beth Spanswick	MINI.MOVE	Session 1: Wednesdays Jan. 26; Feb 2,9,16,23; March 2	10:30-11:15am	1-3 years Max: 10	\$50 Resident \$55 Non	Library (upstairs stage room)
		lance & play games based on a cgy. Parent Participation is requi				
Music & Movement Instructor: Jill Maznicki	MNM.WED3  MNM.WED4	Session 3: Wednesdays Jan. 12,19,26; Feb. 2,9, 16,23; March 2 Session 4: Wednesday March 23,30; April 6,13, 27; May 4,11,18	10:15am-11am	1-3 years Max: 10	\$65 Resident; \$70 Non- Resident	Library (Carpet side of children's room)
		at. This stimulating program wi elopmentally appropriate group				nd instruments;
Munchie Math  Instructor: Beth Spanswick	MUNCH.MATH	Mondays~ Jan. 24; Feb. 7,14,28; March 7,14,21,28	10:30-11:15am	3—5 years Max: 10	\$65 Resident; \$70 Non- Resident	Library (upstairs stage room)
		fe will use pretzels, cereal, crack to try out some basic snack recip				my items to
Little Hands Art Explorers Instructor: Stephanie McMeans	LITT.HANDA	Session 1: Wednesdays Jan. 12,19,26; Feb. 2,9, 16,23; March 2	10:15-11am	3-5 years Max: 10	\$65 Resident \$70 Non- Resident	Library (Vinyl side of children's room)
		ith hands-on, age-appropriate . Come and bring out the artist i		We will le	arn readiness	skills, develop
Pre-K Cheer Squad Instructor: Jill Maznicki	PREK-CHEER	Tuesdays~ Session 1 January 11,18,25; Feb. 1 Session 2: Mar 1,8,15,22	3:30-4:30 pm	3,4 & 5 years Max: 10	\$35 ~1 session; \$65 ~ 2 sessions	Center School room #23
	We will learn the basics of cheering along with two brief cheer routines to boost winter spirits. We will learn to move as a team, develop individual skills and improve overall fitness and coordination. Friends, fun and fitness all rolled into one!					
Fashion Design Instructor: Jill Maznicki	FASH.DESN	Fridays~ January 7,14,21,28; Feb. 4,18	3:30-4:30pm	Grades: 3 & 4 Max: 12	\$50 Resident; \$55 Non	Center School
	Design your own line! You will create a portfolio including an original label, outfits for all seasons and accessories to finish them off. Not an artist?Not to worry, we will start out drawing with a basic pre-drawn figure to get things started.					
Kids Kitchen: Instructor: Jill Maznicki	KIDS.KITCH	Wednesdays, Jan. 12,19,26;Feb. 2,9,16	3:30-4:30pm	Grades K-4 Max: 10	\$50 Resident \$55 Non	Center School Room # 23
Great afterschool activity! Together with friends we will slice, measure, pour, and mix up tasty treats and snacks. Join us to have fun citchen experiences and satisfy your afterschool hunger						

## 2011 Spring Outdoor Youth Soccer

Fees: \$28.00 (U18 - U9)

The Recreation Department will offer an outdoor soccer program for boys and girls based on current CT Junior Soccer Association age/birth date guidelines (see chart). Based on enrollment and evaluation submittals of the respective coaches, teams may be formed in the following age groups:

U-18 Boys and Girls ~Full sided (11 vs. 11) on the playing field

U-16 Boys and Girls ~ Full sided (11 vs. 11) on the playing field

U-14 Boys and Girls ~ Full sided (11vs. 11)Or Small sided (6 v6) on the playing field

U-12 Boys and Girls ~ Small sided (8 vs. 8) on the playing field

U-11 Boys and Girls ~ Small sided (8 vs. 8) on the playing field

U-10 Boys and Girls ~ Small sided (7 vs. 7) on the playing field

U-9 Boys and Girls ~ Small sided (7 vs. 7) on the playing field

Placement will be determined by skill level, age compatibility and available roster space. The Recreation Department will make the final determination regarding a players placement to a respective age level; a player may attend evaluation clinics at an age group higher than his/her current age, but cannot attend an evaluation clinic at a lower age division. The deadline for players to register in order to RETAIN his/her FALL 2010 roster placement is: APRIL 4, 2011. Registration forms received after that date will be placed in the 'as available" file until final registrations/2 evaluations have been completed. It is important to note that the spring/2011 season could bring about new age groups and/or placements based on 'actual enrollment' as of April 4, 2011. Since spring soccer is considered an off-season sport, roster size and team alignment may be adjusted in order to provide a roster placement for all registrants. If a player wishes to attend an evaluation session in order to : 1) qualify for a specific age group/level; 2) or, is a new player that was not rostered in the Fall of 2010: please make sure that this information is provided on the registration form so an accurate accounting may be kept.

**Spring Soccer Age Groups CT Junior Soccer Association** 

## **Birth Date Guidelines**

**Age Groups** for Seasonal Year Sept 1, 2010 to Aug 31, 2011

U-19 Players born 8/1/91 and younger

U-18 Players born 8/1/92 and younger

U-17 Players born 8/1/93 and younger

U-16 Players born 8/1/94 and younger

U-15 Players born 8/1/95 and younger

U-14 Players born 8/1/96 and younger

U-13 Players born 8/1/97 and younger

U-12 Players born 8/1/98 and younger

U-11 Players born 8/1/99 and younger

U-10 Players born 8/1/00 and younger U-9 Players born 8/1/01 and younger

U-8 Players born 8/1/02 and younger



### Calling All Parents, College/High School Students and Coaches In-House Spring Soccer Program ~ Ages 4—8 years Boys & Girls Fee: \$22.00

The Ellington Recreation Department will be offering the Spring Soccer Clinic for children again this coming April 2011. Due to the growing number of children interested in this Sport of Soccer, we will NEED YOUR HELP. Even if you have never played, coached or watched soccer, your participation is vital to this program. In conjunction with the Recreation Department, Spring Soccer Clinic Coordinator, Matt Maznicki, will be offering a FREE Coach's Clinic, in order to assist in helping you grow to love the game of soccer. Not only will you enjoy yourselves, the smiles on the children's faces are worth every minute you put into this program.

Ages 4, 5, and 6 will be coached on one night; ages 7 & 8 will be coached on a different night. Both clinics will be held at the Ellington Middle School. Depending on how many teams are formed there will be "Soccer Match" night where one team plays another team in a scrimmage/match. This cannot be successful without your help and volunteer time. So please contact the Recreation Department or Coordinator Matt Maznicki at mattmaznicki@comcast.net

> **Ages 4-6** Mondays:

April 11,25; May 2,9,16,23

Time Frame: 5:30-6:45pm Location: Ellington Middle School Soccer Field

Ages 7 & 8 Wednesdays:

April 13, 27; May 4,11,18,25

Please note, the quantity of volunteers will determine how many children will be accepted into this program.

# **Kiducation Clothing Donation Bin**

You are all familiar with the convenient clothing donation bin in the Hall Memorial Library parking lot, but did you know that the Library receives a monetary donation as the result of your donations? The Community Crusade for Children, Inc., the group responsible for the bin, is a non-profit, clothing recycling organization that was formed in 1996. It is a self-sufficient company and receives no outside funding or grants. Funds are generated by the people in the community that donate adult and children's clothing and shoes. Some of the items are donated to homeless shelters, clothing banks, etc., and some are sold on the open market. A portion generated from the sales is returned to the participating towns, schools and other organizations or charities. Their website states: "Our goal is to help improve the education of children. Community Crusade for Children, Inc. makes financial contributions to existing centers of learning such as children's schools, libraries, day care centers, summer camps as well as other educational programs." So keep those donations coming, but please, limit your items to clothing and shoes. Other items are only discarded. Thanks!

## **Ellington Volunteer Ambulance Corps**

The Ellington Volunteer Ambulance Corps recently held elections and is proud to announce the following officers of their Executive Board:

President: Peter Hany Vice President: Terry Shook Dan Flanagan Secretary: Becky York Treasurer: Bruce Hoffman Training: Scheduler: Jennifer Havs Supply: Greg York Maintenance: Joe Glomboske Public Relations: Angie Sandberg

The Ellington Volunteer Ambulance Corps is always looking for volunteers. Residents interested in joining our team should visit:

www.ellingtonambulance.org; click 'Members Wanted' & 'FAQ'

Or call 860-870-3170. All training and uniforms provided.

#### **Winter Weather Cancellations**

Town Office closings and meetings/ program cancellations will be posted on the Town's website:

www.ellington-ct.gov

Also check Channel 3 for cancellations

#### HOLIDAY SCHEDULE

The Town Offices and the Library will be closed on the following dates:

December 24 Christmas Holiday\*
December 31 New Years Holiday\*
January 17 M.L. King, Jr. Day
President's Day

\* The Library is also closed Saturday, December 25; Sunday, December 26; and Saturday, January 1.

There will be **no delay** in trash collection for the above holidays.

When the Trash Contractor's holiday falls on a Saturday or Sunday there will be **no delay** in the collection schedule.

# **Town Hall Hours**

Monday

8:30 am—6:00 pm

Tuesday, Wednesday, Thursday

8:30 am—4:00 pm

Friday

8:30 am—1:30 pm

#### **Board/Commission Vacancies**

Vacancies exist on the following Boards/Commission:

- ⇒ Ad Hoc Budget Advisory
- ⇒ Conservation Commission Alternate
- ⇒ North Central District Health Dept. Board of Directors
- ⇒ Shared Services Commission

Please call the First Selectman's office (860-870-3100) for a Statement of Interest Form or download one from our website ~ www.ellington-ct.gov; select 'Government' tab; 'Boards & Commissions'; 'Vacancies'.

The meetings are held monthly in the evening.

Town Hall 55 Main Street P O Box 187 Ellington, CT 06029

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